

Understanding and treatment of pain for the veterinary acupuncturist

Module One

09.00: Introduction to pain modules

09.15: Definitions and physiology of pain

10.30: Coffee break

10.45: Components of pain

11.00: Components of pain

Group work

12.30: Summary: what pain is for; the distinction between pain and suffering

13.00: Lunch break

14.00: The classification of pain

14.30: Sources of pain

15.00: Classification and sources in practice

Group work

15.30: Coffee break

15.45: Presentation of Group work

16.30: Reflective questions and answers

17.00: Finish

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Module Two

Assessment of Pain I

- 09.00: Introduction to Modules 2&3.
Recap and summary of Module One.
Chronic pain as a physiological stressor
- 09.30: Assessment of pain Group work
- 10.30: Coffee break
- 11.00: Assessment of pain summary
- 11.15: Triangulation
- 11.45: Behavioural indicators of pain in dogs & cats.
- 13.00: Lunch break
- 14.00: Examination of dogs and cats; confounding factors/challenges
- 14.45: Gait, movement and physical difficulties
- 15.30: Coffee break
- 15.50: Putting it all together
- 16.30: Reflective questions and answers
- 17.00: Finish

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Module Three *Assessment of Pain II* *Treatment of (Chronic) Pain I* ***When acupuncture is not enough***

09.00: Introduction. Use of acupuncture in acute pain scenarios

09.30: The ABCDE mnemonic using osteoarthritis as an example

10.30: Coffee break

11.00: Working up a chronic pain case 1. The patient; the history; triangulation; assessment of pain and suffering *Group work*
***Requires a chronic pain case to work up one between 4-5 students*

12.00: Presenting the cases so far

12.30: Approaching the patient with acupuncture: reducing anxiety; central sensitization; sensitive patients vs good responders; sedation

13.00: Lunch break

14.00: When acupuncture is not enough – or does not work, or is not appropriate...

14.15: A is for analgesia I): pharmacological interventions

15.30: Coffee break

15.50: A is for analgesia continued

16.30 Reflective questions

17.00 Finish

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Module Four

Treatment of (Chronic) Pain II When acupuncture is not enough

09.00: A is for analgesia II) physical therapies: challenges of assessing physical therapy; physiotherapy; hydrotherapy; other physical therapies

10.30: Coffee break

11.00: A is for analgesia II) continued

11.30: Review of cases for analgesia and present

12.15: B is for bodyweight

12.30: C is for Control of complications, for commonsense and comfort

13.00: Lunch break

14.00: C is for Control continued

14.30: D is for disease modification

15.00: E is for exercise

15.30 Coffee break

15.45: Putting it all together – final case presentation

16.15 Reflective questions

16.45: Final forum

17.00: Finish