

# Acupuncture: A Western Scientific Approach

Course Programme 2017 – 4 consecutive days

## DAY 1

08:45	15	<b>Registration</b>		
09:00	20	Introduction	Interactive presentation	SL
09:20	40	Overview	Presentation	SL
10:00	20	Safety Brief & Demonstrate needling LI4	Brief / Live demonstration	SL
10:20	30	<b>Coffee</b>		
10:50	30	Experience needling LI4	Group practical	All
11:20	40	Points : Neck, arm and shoulder – APs & TrPs	Presentation	SL
12:00	60	Points : Neck, arm and shoulder – APs & TrPs	Group practical	All
13:00	60	<b>Lunch</b>		
14:00	35	Trigger points	Presentation	SL
14:35	45	Points : Neck, arm and shoulder – APs & TrPs	Group practical	All
15:20	30	<b>Tea</b>		
15:50	30	Pain recognition in animals	Presentation	SL
16:20	10	Clinical : POPS	Interactive presentation	SL
16:30	30	Point location & clinical – dogs	Demonstration with discussion	All
17:00	30	Clinical : Point selection exercises	Group session	All
17:30		Finish	Total 6h30m	

## DAY 2

09:00	30	Points : Lower back and leg – APs & TrPs	Presentation	SL
09:30	60	Points : Lower back and leg – APs & TrPs	Group practical	All
10:30	30	<b>Coffee</b>		
11:00	50	Points : Lower back and leg – APs & TrPs	Group practical	All
11:50	30	Neurophysiology	Presentation	SL
12:20	10	Clinical : POPS	Presentation	SL
12:30	30	Clinical conditions – hind limb	Demonstration with discussion	All
13:00	60	<b>Lunch</b>		
14:00	45	Point location & clinical – horses	Group session	All
14:45	25	Point finding dogs	Presentation	SL
15:10	20	Clinical aspects	Group work	All
15:30	30	<b>Tea and paper cases</b>		
16:00	25	Safety and side effects	Presentation	SL
16:25	20	Case presentations	Presentations by nominated delegates	All
16:45	15	Forum for days 1 and 2	Forum	All
17:00		Finish	Total 6h00m	

**DAY 3**

09:00	30	Points : Face & Abdomen – APs & TrPs	Presentation	SL
09:30	45	Points : Face – APs & TrPs	Group Practical	All
10:15	15	Application Face points to animals	Discussion	SL
10:30	30	<i>Coffee</i>		
11:00	30	Segmental Acupuncture	Presentation	SL
11:30	60	Points : Abdomen & Paraspinal – APs & TrPs	Group practical	All
12.30	60	<i>Lunch</i>		
13:30	30	Bowels & Bladders / Abdomen	Interactive presentation	SL
14:00	30	Clinical : Point selection	Group session	All
14:30	30	Clinical cases (variable timing)	Demonstration with discussion	SL
15:00	30	<i>Tea</i>		
15:30	70	Clinical cases (variable timing)	Demonstration	SL
16:40		Finish	Total 5h40m	

**DAY 4**

09:00	20	Electroacupuncture	Presentation	SL
09:20	50	Electroacupuncture	Group practical	All
10:10	30	Research and audit	Interactive presentation	SL
10:40	30	<i>Coffee</i>		
11:10	50	Dermatology and cases	Presentation	SL
12.00	30	Paper cases	Group work	All
12:30	30	Clinical cases and case discussion	Demonstration with discussion	SL
13:00	60	<i>Lunch</i>		
14:00	30	Running a veterinary acupuncture clinic	Presentation	SL
14:30	30	Quiz	Interactive quiz	SL
15:00	30	<i>Tea</i>		
15:30	30	Group case presentations	Presentations by nominated delegates	All
16:00	15	Final forum	Forum	All
16:15		Finish	Total 5h15m	